



NORTH CAROLINA COURAGE 2026 MATCH NOTES

Media/PR Contacts

VP of Communications: Dan LaTorraca

(201) 401-7603 || dlatorraca@nccourage.com

Senior Communications Manager: Nicholas Schnittker

(919) 612-7621 || nschnittker@nccourage.com

2026 SCHEDULE

Date	Opp	Time /Result
3/14	Racing Louisville	W, 2-1
3/21	Gotham FC	D, 0-0
3/28	Bay FC	L, 3-1
4/4	Portland Thorns	D, 2-2
4/25	Houston Dash	W, 1-0
4/29	Boston Legacy	D, 2-2.
5/2	KC Current	L, 2-1
5/8	Orlando Pride	L, 1-0
5/16	Chicago Stars	W, 4-0
5/23	Racing Louisville	W, 2-1
5/31	Angel City	W, 2-1
7/4	Seattle Reign	W, 3-1
7/11	Washington Spirit	L, 2-0
7/18	Bay FC	L, 3-0
7/25	Utah Royals	L, 4-1
7/31	Orlando Pride	W, 5-0
8/5	Denver Summit	W, 2-0
8/8	Washington Spirit	W, 4-3
8/16	Houston Dash	L, 3-2
8/22	Boston Legacy	W, 2-1
8/26	Angel City	W, 2-0
8/29	KC Current	L, 3-2
9/6	Chicago Stars	W, 6-0.
9/12	San Diego Wave	L, 2-1
9/19	Gotham FC	L, 2-1
9/27	Utah Royals	L, 2-1
10/2	Seattle Reign	10:00 p.m.
10/17	San Diego Wave	7:00 p.m.
10/23	Portland Thorns	10:00 p.m.
11/1	Denver Summit	5:00 p.m.

BOLD - Home (All times Eastern)

THE MATCHUP (NWSL REGULAR SEASON)

MATCH DAY 27 | AWAY MATCH 14

North Carolina Courage (12W-11L-3D, 39 pts)

vs.

Seattle Reign (12W-10L-4D, 40 pts)

Friday, October 2 | 10 p.m. ET

Lumen Field | Seattle, Washington



BROADCAST INFO

National: NWSL+

Josh Eastern, McCall Zerboni

World:

OFFICIALS

REF: Mark Verso (1W-0L-0D)

ARs: Matthew Rodman, Fernando Fierro

4TH: Drew Klemp

VAR: Joshua Encarnacion, James Norris

KICKING OFF...

LAST TIME OUT: The NC Courage fell, 2-1, on the road against the Utah Royals

THE SANCHITO SHOW: Ashley Sanchez tied the NWSL single-season scoring record with her 20th goal of the season Sunday evening. Sanchez equalized for the Courage in the 37' from the penalty spot.

DOUBLE DIGIT DUO: Evelyn Ijeh and Ashley Sanchez's 31 combined goals are the most by a pair of teammates in an NWSL season.

"OBSESSED WITH SCORING GOALS": Mak Lind made the statement when he was announced as the Courage's new head coach and his team is living up to it with a league-leading 49 goals. The Courage's next goal will see the team hit 50 goals in a season for the third time in the club's history. There are only five 50-goal seasons in league history and the Courage are the only team to hit that mark multiple times.

SERIES HISTORY: The Courage are 11W-6L-3D against the Reign in the NWSL regular season. The Courage won the first meeting between the two this season, 3-1.

NWSL REGULAR SEASON TABLE

Rk	TEAM	GP	W	L	D	PTS	GD	FORM
x-1	Gotham FC	26	16	4	6	54	+14	WWWLD
2	San Diego Wave	26	15	8	3	48	+11	WWWLW
3	Washington Spirit	26	14	8	4	46	+12	LWLWW
4	Utah Royals	26	14	9	3	45	+9	WLWLW
5	Portland Thorns	26	12	7	7	43	+8	DWDLD
6	Angel City FC	26	12	8	6	42	+16	WWWWDW
7	Kansas City Current	26	12	9	5	41	+6	WLDWW
8	Seattle Reign	26	12	10	4	40	+2	WLLWW
9	NC Courage	26	12	11	3	39	+10	LLLWL
10	Denver Summit	26	9	9	8	35	+5	LWDDW
11	Orlando Pride	26	10	13	3	33	-6	WLDWL
12	Houston Dash	26	8	12	6	30	-4	DWLLL
e-13	Bay FC	26	7	14	5	26	-10	LWDLL
e-14	Boston Legacy	26	7	14	5	26	-12	LLWWL
e-15	Racing Louisville	26	7	17	2	23	-19	LLLLL
e-16	Chicago Stars	26	5	19	2	17	-45	LLDLL

TEAM STATS (*NWSL LEADER)

NCC	STAT	SEA
49*	GOALS	33
389	TOTAL SHOTS	337
135	ON TARGET	115
36*	ASSISTS	21
112	CORNER KICKS	117
39	GOALS CONCEDED	31
7	CLEAN SHEETS	10
51.2	POSSESSION %	49.1
81.7	PASS %	77.8
230	FOULS WON	262
267	FOULS CONCEDED	275
28	YELLOW CARDS	40
2	RED CARDS	0

NORTH CAROLINA COURAGE RECORD BY NWSL COMPETITION

Competition (played)	Record (W-L-D)	Most Wins	Most Losses	Clean Sheets
Regular Season (218)	108-68-42	12 (HOU)	7 (T-2)	72
Playoffs (9)	5-4-0	2 (CHI)	1 (POR, NJY, WAS, KC)	4
Challenge Cup (25)	16-3-6	5 (WAS)	2 (NJY)	10
Fall Series (4)	1-1-2	1 (HOU)	1 (HOU)	1
Summer Cup (4)	1-1-2	1 (MTY)	1 (KCC)	1
TOTAL (260)	131-77-52	16 (WAS)	8 (NJY)	88

NWSL Shields: 3 (2017, 2018, 2019)
 NWSL Championships: 2 (2018, 2019)
 NWSL Challenge Cups: 2 (2022, 2023)
 TOTAL: 7 (NWSL Record)

NORTH CAROLINA REGULAR SEASON RECORD BY OPPONENT

NWSL Regular Season (108W-68L-42D)

Washington Spirit (22)	12-7-3
Orlando Pride (21)	12-7-3
Gotham FC (Sky Blue) (22)	11-7-4
Houston Dash (20)	12-6-2
Seattle Reign (20)	11-6-3
Racing Louisville (13)	10-2-1
Portland Thorns (20)	8-5-7
Chicago Stars (21)	9-6-6
Kansas City Current (13)	4-7-2
Utah Royals (12)	4-4-4
Boston Breakers (3)	3-0-0
Angel City (10)	5-3-2
San Diego Wave (9)	2-4-3
FC Kansas City (2)	2-0-0
Bay FC (6)	1-4-1
Boston Legacy (2)	1-0-1
Denver Summit (1)	1-0-0

NORTH CAROLINA COURAGE NWSL PLAYOFF HISTORY

SEASON	DATE	ROUND	OPPONENT	RESULT	LOCATION
2017	Oct. 8	Semifinal	Chicago Red Stars	W, 1-0	Cary, North Carolina
2017	Oct. 14	Final	Portland Thorns	L, 0-1	Orlando, Florida
2018	Sept. 18	Semifinal	Orlando Pride	W, 2-0	Portland, Oregon
2018	Sept. 22	Final	Portland Thorns	W, 3-0*	Portland, Oregon
2019	Oct. 20	Semifinal	OL Reign	W, 4-1 (a.e.t.)	Cary, North Carolina
2019	Oct. 27	Final	Chicago Red Stars	W, 4-0*	Cary, North Carolina
2021	Nov. 7	Quarterfinal	Washington Spirit	L, 1-0 (a.e.t.)	Washington D.C.
2023	Oct. 22	Quarterfinal	Gotham FC	L, 0-2	Cary, North Carolina
2024	Nov. 9	Quarterfinal	KC Current	L, 1-0	Kansas City, Missouri

Quarterfinals: 0-3-0
 Semifinals: 3-0-0
 Finals: 2-1-0
 Total: 5-4-0



NC COURAGE MATCHDAY ROSTER

UPDATED SEPTEMBER 2026



NUMERICAL ROSTER

#	Name	Pos	Pronunciation	Hometown (Affiliation)
0	Madi White	GK	Mad-e White	Rockwall, TX (USA)
1	Kailen Sheridan	GK	KAY-lin SHARE-uh-din	Pickering, Ontario (CAN)
2	Ashley Sanchez	M	Ash-lee SAN-chez	Monrovia, CA (USA)
3	Sydney Schmidt	D	Sid-knee Sh-mit	Jacksonville, FL (USA)
4	Natalie Jacobs	D	NAT-uh-lee JAY-kubz	Coto de Caza, CA (USA)
5	Cameron Brooks	D	Cam-er-on Brooks	Round Rock, TX (USA)
6	Ivy Younce	D	I-ve y-ounce	Hillsborough, N.C. (USA)
7	Lauryn Thompson	F	Lore-in Tom-son	Wake Forest, N.C. (ENG)
8	Chioma Okafor	F	Chi-oh-ma Oak-a-for	Blantyre, Malawi (NIGERIA)
9	Olivia Wingate	F	OH-liv-ee-uh WIN-gate	Wilmington, MA (USA)
10	Evelyn Ijeh	F	Ev-el-in ee-jay	Malmo, Sweden (SWE)
11	Feli Rauch	D	FEE-LEE r-OW	Hann. Munden, Germany (GER)
12	Natalia Staude	D	nuh-TAL-yuh st-OW-dee	Atlanta, GA (USA)
13	Ryan Williams	D	RY-in WILL-yums	Denver, CO (USA)
14	Carly Wickenheiser	M	Car-lee Wick-in-hi-sir	St. Louis, MO (CAN)
15	Payton Crawford	F	PAY-ton Craw-ford	Douglas, MA (USA)
16	Riley Jackson	M	Ry-lee JACK-sin	Roswell, GA (USA)
17	Dani Weatherholt	M	DAN-ee WEATHER-holt	Capistrano Beach, CA (USA)
18	Uno Shiragaki	D	00-no She-ruh-gah-kee	Osaka, Japan (JPN)
19	Erica Meg Parkinson	M	ERR-ih-kuh Meg Park-in-son	Singapore (ENG)
20	Shinomi Koyama	M	shi-NO-mee koy-ah-ma	Osaka, Japan (JPN)
21	Bia	F	Bee-uh	Aixá, Brazil (BRA)
23	Gianna Paul	F	GEE-ahn-uh Paul	Huntington Station, NY (USA)
25	Maycee Bell	D	May-see Bell	Wichita, KS (USA)
26	Vilde Bøe Risa	M	Vill-deh Bo-ah REE-seh	Bergen, Noway (NOR)
33	Hannah Betfort	F	ha-ann-uh BET-fort	Charleston, SC (USA)
35	Ally Schlegel	F	Al-E sh-LAY-gull	Parker, CO (USA)
80	Oli Peña	M	O-lee PAIN-ya	Irving, Texas (USA)
99	Molly Pritchard	GK	Mall-e Pritchard	Atlanta, GA (USA)

ALPHABETICAL ROSTER

#	Name	Pos	Ht	DOB	NWSL Exp.	College
25	Maycee Bell	D	5-11	9/18/00	3rd year	North Carolina
33	Hannah Betfort	F	5-10	1/4/99	6th year	Wake Forest
21	Bia	F	5-3	2/13/03	1st year	N/A
26	Vilde Bøe Risa	M	5-5	7/13/95	1st year	N/A
5	Cameron Brooks	D	5-9	4/17/00	1st year	Texas
15	Payton Crawford	F	5-4	3/25/01	3rd year	Penn State
10	Evelyn Ijeh	F	5-9	8/12/01	1st year	N/A
16	Riley Jackson	M	5-6	12/2/05	3rd year	N/A
4	Natalie Jacobs	D	5-8	8/16/97	7th year	Notre Dame/USC
20	Shinomi Koyama	M	5-3	1/31/05	2nd year	N/A
8	Chioma Okafor	F	5-5	3/20/03	1st year	UConn
19	Erica Meg Parkinson	M	5-3	4/18/08	1st year	N/A
23	Gianna Paul	F	5-10	12/28/04	1st year	Alabama
80	Oli Peña	M	5-1	1/7/03	2nd year	TCU
99	Molly Pritchard	GK	5-11	11/21/03	1st year	Ohio State
11	Feli Rauch	D	5-7	4/30/96	3rd year	N/A
2	Ashley Sanchez	M	5-4	3/16/99	7th year	UCLA
35	Ally Schlegel	F	5-7	2/07/00	4th year	Penn State
3	Sydney Schmidt	D	5-5	1/25/08	1st year	N/A
1	Kailen Sheridan	GK	5-9	07/16/95	10th year	Clemson
18	Uno Shiragaki	D	5-6	10/11/05	1st year	N/A
12	Natalia Staude	D	5-7	4/30/01	3rd year	Virginia
7	Lauryn Thompson	F	5-5	11/04/07	1st year	N/A
17	Dani Weatherholt	M	5-8	3/17/94	11th year	Santa Clara
0	Madi White	GK	5-11	6/15/01	3rd year	Texas Tech
14	Carly Wickenheiser	M	5-6	6/03/97	1st year	Texas Tech
13	Ryan Williams	D	5-8	2/23/96	9th year	TCU
9	Olivia Wingate	F	5-7	1/20/00	4th year	Notre Dame
6	Ivy Younce	D	5-9	5/07/03	1st year	Liberty

TECHNICAL STAFF

Head Coach: Mak Lind**Assistant Coaches:** Emma Thomson, David Maddren, Amy Vaughan, Katelyn Rowland**Scouting/Analytics:** Austin Da Luz, Tom Harris, Scott Martin**Medical:** Mitchita Toda, Katie Rosenthal, Taylor Nugent, Hayley Hughes, Sebastian Lopez**Performance:** Grant Barge, Mike Young, Luigi Marino**Operations:** Kathryn Page, Matt Holmes, Jess Segalla, Lexi Stewart, Adriana Zorrilla Loo

 NC COURAGE BROADCAST ROSTER  UPDATED JULY 2026				
				
HC Mak Lind "Mac Lyn-d"	AC Emma Thomson "Em-uh Tom-son"	AC David Maddren "Dave-id Mad-ren"	GKC Katelyn Rowland "Kate-lyn Roll-and"	#0 Madi White "Mad-e White"
				
#1 Kailen Sheridan "KAY-lin SHARE-uh-din"	#2 Ashley Sanchez "Ash-lee SAN-chez"	#3 Sydney Schmidt "Sid-knee Sh-mit"	#4 Natalie Jacobs "NAT-uh-lee JAY-kubz"	#5 Cameron Brooks "Cam-er-on Brooks"
				
#6 Ivy Younce "I-ve y-ounce"	#7 Lauryn Thompson "Lore-in Tom-son"	#8 Chioma Okafor "Chi-oh-ma Oak-a-for"	#9 Olivia Wingate "OH-liv-ee-uh WIN-gate"	#10 Evelyn Ijeh "Ev-el-in ee-jay"
				
#11 Feli Rauch "FEE-LEE r-OW"	#12 Natalia Staude "nuh-TAL-yuh st-OW-dee"	#13 Ryan Williams "RY-in WILL-yums"	#14 Carly Wickenheiser "Car-lee Wick-in-hi-sir"	#15 Payton Crawford "PAY-ton Craw-ford"
				
#16 Riley Jackson "Ry-lee JACK-sin"	#17 Dani Weatherholt "DAN-ee WEATHER-holt"	#18 Uno Shiragaki "00-no She-ruh-gah-kee"	#19 Erica Meg Parkinson "ERR-ih-kuh Meg Park-in-son"	#20 Shinomi Koyama "shi-NO-mee"
				
#21 Bia "Bee-uh"	#23 Gianna Paul "GEE-ahn-uh Paul"	#25 Maycee Bell "May-see Bell"	#26 Vilde Bøe Risa "Vill-deh Bo-ah REE-seh"	#33 Hannah Betfort "ha-ann-uh BET-fort"
				
#35 Ally Schlegel "Al-E sh-LAY-gull"	#80 Oli Peña "O-lee PAIN-ya"	#99 Molly Pritchard "Mall-e Pritchard"		

PRONUNCIATION GUIDE

#0: Mad-e White

#1: KAY-lin SHARE-uh-din

#2: Ash-lee SAN-chez

#3: Sid-knee Sh-mit

#4: NAT-uh-lee JAY-kubz

#5: Cam-er-on Brooks

#6: I-ve y-ounce

#7: Lore-in Tom-son

#8: Chi-oh-ma Oak-a-for

#9: oh-LIV-ee-uh WIN-gate

#10: Ev-el-in ee-jay

#11: FEE-LEE r-OW

#12: nuh-TAL-yuh st-OW-dee

#13: RY-in WILL-yums

#14: Car-lee Wick-in-hi-sir

#15: PAY-ton Craw-ford

#16: Ry-lee JACK-sin

#17: DAN-ee WEATHER-holt

#18: OO-no She-ruh-gah-kee

#19: ERR-ih-kuh Meg Park-in-son

#20: shi-NO-mee

#21: Bee-uh

#23 GEE-ahn-uh Paul

#25: MAY-see BELL

#26: Vill-deh Bo-ah REE-seh

#33: ha-ann-uh BET-fort

#35: Al-E sh-LAY-gull

#80: O-lee PAIN-ya

#99: Mall-e Pritchard

RECORD WHEN...

Split	W-L-D
Home	6-6-1
Away	6-5-2
Day	3-2-1
Night (After 5 p.m. local)	9-9-2
Turf/Hybrid	1-0-0
Grass	11-11-3
Scoring first	11-1-0
Opp. scores first	1-10-3
Leading at half	7-0-0
Tied at half	5-3-2
Trailing at half	0-8-1
Scoring 0 goals	0-3-1
Scoring 1 goal	1-6-0
Scoring 2+ goals	11-2-2
Allowing 0 goals	6-0-1
Allowing 1 goal	5-1-0
Allowing 2+ goals	1-10-2
More shots than opp.	5-9-2
Fewer shots than opp.	6-1-1
Even shots	1-1-0
More possession than opp.	6-8-2
Less possession than opp.	6-3-1
Even possession	0-0-0
March	1-1-1
April	1-0-2
May	3-2-0
June	0-0-0
July	2-3-0
August	4-2-0
September	1-3-0
October/November	0-0-0
Monday	0-0-0
Tuesday	0-0-0
Wednesday	2-0-1
Thursday	0-0-0
Friday	1-1-0
Saturday	6-7-2
Sunday	2-2-0

2026 REGULAR SEASON STATS (by minutes)

Player	Games	Starts	Minutes	Goals	SOT	Assists	Chances Created	Pass %	Tackles Won	Duels Won	Ints	Fouls	YC
Williams, Ryan	26	26	2340	1	3	4	37	83.17	41	108	31	26	0
Koyama, Shinomi	26	26	2291	1	6	6	35	83.33	25	73	13	10	1
Sanchez, Ashley	26	26	2233	20	44	4	33	69.24	22	108	11	9	0
Ijeh, Evelyn	25	22	1812	11	20	4	20	69.57	3	59	2	23	2
Jackson, Riley	22	20	1766	3	9	2	44	81.06	24	84	9	36	3
Shiragaki, Uno	20	18	1626	0	2	0	3	86.22	20	71	22	17	4
Staude, Natalia	20	15	1461	1	1	0	9	88.5	17	43	15	9	1
Bell, Maycee	16	16	1403	0	4	0	5	90.04	15	56	7	5	1
Rauch, Feli	21	14	1176	0	4	3	18	79.48	18	61	21	18	2
Weatherholt, Dani	20	12	1141	1	2	0	2	82.54	26	68	16	14	4
Parkinson, Erica	13	12	1045	0	4	2	19	88.24	25	87	12	20	3
Wickenheiser, Carly	22	8	783	0	0	1	6	78.86	19	44	15	13	0
Matsukubo, Manaka	9	8	766	5	11	4	19	75.29	11	47	6	19	0
Schlegel, Ally	17	9	734	3	9	2	7	68.33	10	47	4	9	0
Betfort, Hannah	19	4	503	0	4	0	4	75	0	16	0	4	0
Jacobs, Natalie	7	6	487	1	1	0	3	84.19	6	28	7	9	2
Okafor, Chioma	18	5	440	1	5	1	10	75.69	9	23	1	6	2
Thompson, Lauryn	11	3	407	1	3	1	4	80.18	6	30	2	6	0
Bøe Risa, Vilde	11	4	376	0	1	0	5	84.36	0	8	4	5	1
Paul, Gianna	2	2	164	0	0	0	0	39.29	2	7	2	0	0
Linnehan, Payton	3	2	147	0	0	1	1	73.33	2	3	3	1	0
Vine, Cortnee	2	1	88	0	0	0	0	59.09	0	1	3	2	1
Schmidt, Sydney	3	1	73	0	0	0	1	88.24	2	3	3	0	0
Younce, Ivy	8	0	71	0	1	0	0	68.97	1	3	1	4	0
Bia Gomes	4	0	45	0	1	0	0	76.92	1	5	0	2	1
Wingate, Olivia	2	0	5	0	0	0	1	33.33	2	2	0	0	0
Brooks, Cameron	1	0	4	0	0	0	0	0	0	0	0	0	0

GOALKEEPER STATS

Player	Games	Minutes	SOT Faced	Saves	Goals	Save%	xGA	PK Faced	PK Saved	Pass%	YC
Sheridan, Kailen	26	2340	107	68	39	63.55	36.7	1	0	80.36	0

AVAILABILITY REPORT (UNOFFICIAL)

OUT: Sydney Schmidt (SEI - Knee), Payton Crawford (SEI - Knee), Maycee Bell (SEI - Shoulder), Lauryn Thompson (Ankle), Ally Schlegel (Foot)

QUESTIONABLE: Natalie Jacobs (Head)

INTERNATIONAL DUTY: None

STATISTICAL REGULAR SEASON INDIVIDUAL LEADERS

Courage 2026 Season Highs (*League Leader)

Goals	A. Sanchez	20
Assists	S. Koyama	6
Chances Created	R. Jackson	44
Shots on Target	A. Sanchez	44
Fouls	R. Jackson	36
Fouls won	E. Parkinson	30
Clears	R. Williams	89
Interceptions	R. Williams	31
Tackles Won	R. Williams	41
Duels Won	A. Sanchez	108

Courage Game Highs

Goals	Multiple	3
Assists	Multiple	1
Chances Created	Multiple	5
Shots on Target	Multiple	4
Fouls	Multiple	4
Fouls won	E. Parkinson	5
Clears	Multiple	11
Interceptions	Multiple	5
Tackles Won	Multiple	5
Duels Won	E. Parkinson	12

FULL GAME-BY-GAME RESULTS WITH GOAL SCORERS

Date	Opponent	Result	Goal Scorers
3/14	Racing Louisville	W, 2-1	A. Sanchez (2)
3/21	Gotham FC	D, 0-0	
3/28	Bay FC	L, 3-1	M. Matsukubo
4/4	Portland Thorns	D, 2-2	M. Matsukubo, A. Sanchez
4/25	Houston Dash	W, 1-0	A. Sanchez
4/29	Boston Legacy	D, 2-2	D. Weatherholt, A. Sanchez
5/2	KC Current	L, 2-1	M. Matsukubo
5/8	Orlando Pride	L, 1-0	
5/16	Chicago Stars	W, 4-0	E. Ijeh, A. Sanchez, A. Schlegel, M. Matsukubo
5/23	Racing Louisville	W, 2-1	E. Ijeh, A. Sanchez
5/31	Angel City	W, 2-1	E. Ijeh, M. Matsukubo
7/4	Seattle Reign	W, 3-1	A. Sanchez (2), R. Jackson
7/11	Washington Spirit	L, 2-0	
7/18	Bay FC	L, 3-0	
7/25	Utah Royals	L, 4-1	E. Ijeh
7/31	Orlando Pride	W, 5-0	L. Thompson, E. Ijeh (3), A. Sanchez
8/5	Denver Summit	W, 2-0	R. Jackson, A. Schlegel
8/8	Washington Spirit	W, 4-3	A. Sanchez, E. Ijeh (2), N. Jacobs
8/16	Houston Dash	L, 3-2	A. Schlegel, E. Ijeh
8/22	Boston Legacy	W, 2-1	A. Sanchez (2)
8/26	Angel City	W, 2-0	A. Sanchez (2)
8/29	KC Current	L, 3-2	E. Ijeh, R. Jackson
9/6	Chicago Stars	W, 6-0	A. Sanchez (3), C. Okafor, S. Koyama, R. Williams
9/12	San Diego Wave	L, 2-1	A. Sanchez
9/19	Gotham FC	L, 2-1	N. Staude
9/27	Utah Royals	L, 2-1	A. Sanchez
10/2	Seattle Reign	10:00 p.m.	
10/17	San Diego Wave	7:00 p.m.	
10/23	Portland Thorns	10:00 p.m.	
11/1	Denver Summit	5:00 p.m.	

2026 HONORS AND AWARDS

Player	Honor(s)/Award(s)
Ashley Sanchez	Player of the Week (Week 1, Week 17), Goal of the Week (Week 1, Week 17, Week 18), Player of the Month (April, August, September), NWSL Best XI (April, August)
Manaka Matsukubo	Goal of the Week (Week 8), NWSL Best XI (May), Player of the (Week 12)
Kailen Sheridan	Save of the Week (Week 12, Week 14)
Riley Jackson	Assist of the Week (Week 12)
Evelyn Ijeh	Player of the Week (Week 16), Best XI (July, August)

MILESTONE/RECORD TRACKER

Player	Milestone	Amount Needed/Date Hit
Kailen Sheridan	15,000 NWSL Regular Season Minutes	March 21
Manaka Matsukubo	50 NWSL Regular Season Appearances	March 28
Riley Jackson	50 NWSL Regular Season Appearances	May 2
Ashley Sanchez	10,000 NWSL Regular Season Minutes	August 16
Feli Rauch	50 NWSL Regular Season Appearances	August 22
Maycee Bell	50 NWSL Regular Season Appearances	August 26
Ryan Williams	10,000 NWSL Regular Season Minutes	August 29
Shinomi Koyama	50 NWSL Regular Season Appearances	September 19
Kailen Sheridan	50 NWSL Clean Sheets	1

GAME-BY-GAME LINEUP

Date	Opponent	Result	Starting XI and Subs
3/14	Racing Louisville	W, 2-1	(4-2-3-1): Kailen Sheridan; Dani Weatherholt (Feli Rauch – 89'), Maycee Bell, Natalie Jacobs ©, Ryan Williams; Riley Jackson, Carly Wickenheiser; Ashley Sanchez, Shinomi Koyama, Payton Linnehan (Cortnee Vine – 62'); Hannah Betfort (Lauryn Thompson – 74') Subs Not Used: Madi White, Sydney Schmidt, Cameron Brooks, Ivy Younce, Chioma Okafor, Natalia Staude
3/21	Gotham FC	D, 0-0	(5-2-3): Kailen Sheridan; Feli Rauch (Sydney Schmidt – 59'), Natalie Jacobs © (Uno Shiragaki – 84'), Maycee Bell, Natalia Staude, Ryan Williams; Carly Wickenheiser, Riley Jackson; Shinomi Koyama, Ashley Sanchez, Hannah Betfort (Evelyn Ijeh – 59') Subs Not Used: Madi White, Ivy Younce, Lauryn Thompson, Payton Linnehan, Dani Weatherholt, Cortnee Vine
3/28	Bay FC	L, 3-1	(5-2-3): Kailen Sheridan ©; Sydney Schmidt (Manaka Matsukubo – 41'), Maycee Bell, Natalia Staude, Uno Shiragaki (Feli Rauch – 89'), Ryan Williams; Carly Wickenheiser (Ally Schlegel – 56'), Riley Jackson; Ashley Sanchez, Shinomi Koyama, Evelyn Ijeh (Hannah Betfort – 56') Subs Not Used: Madi White, Cameron Brooks, Lauryn Thompson, Dani Weatherholt, Cortnee Vine
4/4	Portland Thorns	D, 2-2	(4-2-3-1): Kailen Sheridan ©; Dani Weatherholt (Ally Schlegel – 80'), Maycee Bell, Uno Shiragaki, Ryan Williams; Carly Wickenheiser (Payton Linnehan – 69'), Riley Jackson; Ashley Sanchez, Manaka Matsukubo, Shinomi Koyama (Natalia Staude – 80'); Hannah Betfort (Evelyn Ijeh – 80') Subs Not Used: Madi White, Cortnee Vine, Lauryn Thompson, Sydney Schmidt, Cameron Brooks
4/25	Houston Dash	W, 1-0	(4-3-3): Kailen Sheridan ©; Dani Weatherholt, Maycee Bell, Uno Shiragaki, Ryan Williams; Shinomi Koyama, Riley Jackson, Manaka Matsukubo; Ashley Sanchez (Chioma Okafor – 62' (Carly Wickenheiser – 80')), Evelyn Ijeh (Hannah Betfort – 64'), Payton Crawford (Ally Schlegel – 64') Subs Not Used: Molly Pritchard, Sydney Schmidt, Lauryn Thompson, Felicitas Rauch, Natalie Staude
4/29	Boston Legacy	D, 2-2	(4-3-3): Kailen Sheridan ©; Dani Weatherholt, Maycee Bell, Uno Shiragaki, Ryan Williams; Riley Jackson, Shinomi Koyama, Manaka Matsukubo; Ashley Sanchez, Evelyn Ijeh (Hannah Betfort – 60'), Cortnee Vine (Chioma Okafor – 60') Subs Not Used: Molly Pritchard, Sydney Schmidt, Ivy Younce, Lauryn Thompson, Feli Rauch, Natalia Staude, Carly Wickenheiser
5/2	KC Current	L, 2-1	(4-3-3): Kailen Sheridan ©; Dani Weatherholt (Feli Rauch – 81'), Natalia Staude, Uno Shiragaki, Ryan Williams; Shinomi Koyama, Riley Jackson (Ally Schlegel – 90' +1'), Manaka Matsukubo; Ashley Sanchez, Hannah Betfort (Evelyn Ijeh – 55'), Chioma Okafor (Lauryn Thompson – 55') Subs Not Used: Molly Pritchard, Sydney Schmidt, Cameron Brooks, Ivy Younce, Carly Wickenheiser
5/8	Orlando Pride	L, 1-0	(4-3-3): Kailen Sheridan ©; Dani Weatherholt, Uno Shiragaki, Natalia Staude, Ryan Williams; Shinomi Koyama, Riley Jackson (Carly Wickenheiser – 77'), Manaka Matsukubo; Ashley Sanchez (Ivy Younce – 85'), Evelyn Ijeh (Ally Schlegel – 69'), Lauryn Thompson (Chioma Okafor – 69') Subs Not Used: Molly Pritchard, Sydney Schmidt, Cameron Brooks, Cortnee Vine, Hannah Betfort
5/16	Chicago Stars	W, 4-0	(4-3-3): Kailen Sheridan ©; Dani Weatherholt (Sydney Schmidt – 90+1'), Natalia Staude, Uno Shiragaki, Ryan Williams; Shinomi Koyama, Riley Jackson, Manaka Matsukubo (Olivia Wingate – 90+1'); Ashley Sanchez (Ivy Younce – 79'), Evelyn Ijeh (Carly Wickenheiser – 73'), Chioma Okafor (Ally Schlegel – 46') Subs Not Used: Molly Pritchard, Cameron Brooks, Cortnee Vine, Oli Peña

GAME-BY-GAME LINEUP

5/23	Racing Louisville	W, 2-1	(4-3-3): Kailen Sheridan ©; Dani Weatherholt (Cameron Brooks – 87'), Uno Shiragaki, Natalia Staude, Ryan Williams; Shinomi Koyama, Riley Jackson (Carly Wickenheiser – 87'), Manaka Matsukubo; Ashley Sanchez (Olivia Wingate – 87'), Evelyn Ijeh (Ivy Younce – 82'), Ally Schlegel (Feli Rauch – 67') Subs Not Used: Madi White, Chioma Okafor, Oli Peña
5/31	Angel City	W, 2-1	NCC (4-3-3): Kailen Sheridan ©; Dani Weatherholt, Uno Shiragaki, Natalia Staude, Ryan Williams; Shinomi Koyama, Riley Jackson (Ivy Younce – 90' +4'), Manaka Matsukubo (Carly Wickenheiser – 88'); Ashley Sanchez, Evelyn Ijeh, Ally Schlegel (Feli Rauch – 74') Subs Not Used: Madi White, Cameron Brooks, Chioma Okafor, Olivia Wingate, Hannah Betfort, Oli Peña
7/4	Seattle Reign	W, 3-1	(4-3-3): Kailen Sheridan ©; Dani Weatherholt (Natalia Staude – 75'), Maycee Bell, Uno Shiragaki, Ryan Williams; Shinomi Koyama, Riley Jackson, Carly Wickenheiser (Feli Rauch – 57'); Ashley Sanchez (Ivy Younce – 87'), Evelyn Ijeh (Hannah Betfort – 87'), Ally Schlegel (Lauryn Thompson – 75') Subs Not Used: Madi White, Cameron Brooks, Chioma Okafor, Olivia Wingate
7/11	Washington Spirit	L, 2-0	(5-2-3): Kailen Sheridan ©; Feli Rauch (Chioma Okafor – 88'), Dani Weatherholt (Natalia Staude – 81'), Uno Shiragaki, Maycee Bell, Ryan Williams; Shinomi Koyama (Carly Wickenheiser – 88'), Riley Jackson; Ashley Sanchez, Evelyn Ijeh (Hannah Betfort – 81'), Ally Schlegel (Ivy Younce – 81') Subs Not Used: Madi White, Cameron Brooks, Olivia Wingate, Oli Pena
7/18	Bay FC	L, 3-0	(5-2-3): Kailen Sheridan ©; Feli Rauch (Erica Meg Parkinson – 46'), Natalia Staude, Maycee Bell, Uno Shiragaki (Dani Weatherholt – 63'), Ryan Williams; Shinomi Koyama, Riley Jackson; Ashley Sanchez (Chioma Okafor – 87'), Evelyn Ijeh (Ivy Younce – 63'), Ally Schlegel (Hannah Betfort – 63') Subs Not Used: Madi White, Cameron Brooks, Olivia Wingate, Carly Wickenheiser
7/25	Utah Royals	L, 4-1	NCC (4-3-3): Kailen Sheridan ©; Dani Weatherholt (Natalie Jacobs – 56'), Maycee Bell (Feli Rauch – 84'), Uno Shiragaki, Ryan Williams; Shinomi Koyama, Erica Meg Parkinson, Riley Jackson (Chioma Okafor – 90+1'); Ashley Sanchez, Evelyn Ijeh (Hannah Betfort – 84'), Ally Schlegel (Lauryn Thompson – 56') Subs Not Used: Madi White, Ivy Younce, Natalia Staude, Carly Wickenheiser
7/31	Orlando Pride	W, 5-0	(4-3-3): Kailen Sheridan; Feli Rauch (Dani Weatherholt – 72'), Maycee Bell, Natalie Jacobs © (Natalia Staude – 85'), Ryan Williams; Shinomi Koyama (Carly Wickenheiser – 53'), Erica Meg Parkinson (Vilde Bøe Risa – 80'), Riley Jackson; Ashley Sanchez, Evelyn Ijeh (Hannah Betfort – 80'), Lauryn Thompson (Ally Schlegel – 72') Subs Not Used: Madi White, Chioma Okafor, Uno Shiragaki
8/5	Denver Summit	W, 2-0	(4-3-3): Kailen Sheridan; Feli Rauch, Maycee Bell, Natalie Jacobs ©, Ryan Williams; Shinomi Koyama, Erica Meg Parkinson (Carly Wickenheiser – 79'), Riley Jackson (Vilde Bøe Risa – 90'); Ashley Sanchez (Chioma Okafor – 90'), Evelyn Ijeh (Hannah Betfort – 79'), Lauryn Thompson (Ally Schlegel – 58') Subs Not Used: Madi White, Natalia Staude, Dani Weatherholt, Uno Shiragaki
8/8	Washington Spirit	W, 4-3	(4-3-3): Kailen Sheridan; Feli Rauch, Maycee Bell, Natalie Jacobs ©, Ryan Williams; Shinomi Koyama, Erica Meg Parkinson (Carly Wickenheiser – 60'), Riley Jackson (Vilde Bøe Risa – 60'); Ashley Sanchez (Hannah Betfort – 46'), Evelyn Ijeh (Chioma Okafor – 82'), Ally Schlegel (Lauryn Thompson – 60') Subs Not Used: Madi White, Natalia Staude, Dani Weatherholt, Uno Shiragaki

GAME-BY-GAME LINEUP

8/16	Houston Dash	L, 3-2	(4-3-3): Kailen Sheridan; Feli Rauch, Maycee Bell, Natalia Jacobs © (Natalia Staude – 14'), Ryan Williams; Shinomi Koyama, Erica Meg Parkinson (Vilde Bøe Risa – 75'), Riley Jackson (Carly Wickenheiser – 75'); Ashley Sanchez, Evelyn Ijeh, Ally Schlegel (Lauryn Thompson – 62') Subs Not Used: Madi White, Chioma Okafor, Dani Weatherholt, Uno Shiragaki, Hannah Betfort
8/22	Boston Legacy	W, 2-1	(4-3-3): Kailen Sheridan ©; Feli Rauch, Maycee Bell, Natalia Staude, Ryan Williams; Shinomi Koyama, Erica Meg Parkinson, Carly Wickenheiser (Vilde Bøe Risa – 68'); Ashley Sanchez, Evelyn Ijeh, Ally Schlegel (Lauryn Thompson – 20', Chioma Okafor – 68') Subs Not Used: Madi White, Cameron Brooks, Olivia Wingate, Dani Weatherholt, Uno Shiragaki, Hannah Betfort
8/26	Angel City	W, 2-0	(4-3-3): Kailen Sheridan ©; Feli Rauch (Dani Weatherholt – 85'), Maycee Bell (Uno Shiragaki – 59'), Natalia Staude, Ryan Williams; Shinomi Koyama, Erica Meg Parkinson, Carly Wickenheiser (Vilde Bøe Risa – 85'); Ashley Sanchez, Evelyn Ijeh (Hannah Betfort – 85'), Chioma Okafor (Riley Jackson – 52') Subs Not Used: Madi White, Cameron Brooks, Ivy Younce, Olivia Wingate
8/29	KC Current	L, 3-2	(4-3-3): Kailen Sheridan ©; Feli Rauch (Riley Jackson – 68'), Uno Shiragaki (Lauryn Thompson – 87'), Natalia Staude (Hannah Betfort – 90' + 2'), Ryan Williams; Shinomi Koyama, Carly Wickenheiser (Chioma Okafor – 46'), Vilde Bøe Risa (Dani Weatherholt – 46'); Ashley Sanchez, Evelyn Ijeh, Erica Meg Parkinson Subs Not Used: Madi White, Cameron Brooks, Ivy Younce, Olivia Wingate
9/6	Chicago Stars	W, 6-0	(4-3-3): Kailen Sheridan ©; Feli Rauch (Dani Weatherholt – 76'), Natalia Staude, Uno Shiragaki, Ryan Williams; Shinomi Koyama, Vilde Bøe Risa (Carly Wickenheiser – 70'), Erica Meg Parkinson; Ashley Sanchez (Ivy Younce – 85'), Evelyn Ijeh (Hannah Betfort – 70'), Chioma Okafor (Bia – 70') Subs Not Used: Madi White, Cameron Brooks, Olivia Wingate, Oli Peña
9/12	San Diego Wave	L, 2-1	(4-3-3): Kailen Sheridan ©; Feli Rauch (Dani Weatherholt – 81'), Natalia Staude (Hannah Betfort – 90'), Uno Shiragaki, Ryan Williams; Shinomi Koyama, Vilde Bøe Risa (Bia – 81'), Erica Meg Parkinson; Ashley Sanchez, Evelyn Ijeh, Chioma Okafor (Carly Wickenheiser – 63') Subs Not Used: Madi White, Cameron Brooks, Ivy Younce, Olivia Win- gate, Oli Peña
9/19	Gotham FC	L, 2-1	(4-3-3): Kailen Sheridan ©; Feli Rauch (Dani Weatherholt – 70'), Natalia Staude, Uno Shiragaki, Ryan Williams; Shinomi Koyama, Vilde Bøe Risa (Carly Wickenheiser – 70'), Erica Meg Parkinson; Ashley Sanchez, Evelyn Ijeh (Chioma Okafor – 90' + 1'), Gianna Paul (Bia – 90' + 1') Subs Not Used: Madi White, Cameron Brooks, Ivy Younce, Olivia Wingate, Hannah Betfort
9/27	Utah Royals	L, 2-1	(4-3-3): Kailen Sheridan ©; Feli Rauch (Dani Weatherholt – 85'), Natalia Staude (Chioma Okafor – 85'), Uno Shiragaki, Ryan Williams; Shinomi Koyama, Riley Jackson (Vilde Bøe Risa – 61'), Erica Meg Parkinson (Carly Wickenheiser – 75'); Ashley Sanchez, Evelyn Ijeh (Hannah Betfort – 85'), Gianna Paul (Bia – 75') Subs Not Used: Madi White, Cameron Brooks, Ivy Younce
10/2	Seattle Reign	10:00 p.m.	
10/17	San Diego Wave	7:00 p.m.	
10/23	Portland Thorns	10:00 p.m.	
11/1	Denver Summit	5:00 p.m.	

2026 IN-SEASON TRANSACTION TRACKER

Date	Transaction
May 6	Forward Payton Crawford placed on Season-Ending Injury list
May 15	Forward Olivia Wingate removed from Season-Ending Injury list
May 27	Defender Sydney Schmidt placed on Season-Ending Injury list
June 2	Courage and Cortnee Vine agree to mutual contract termination
June 9	Defender Ivy Youce extended through the end of 2026
June 12	Midfielder Shinomi Koyama extended through 2029
July 1	Midfielder Erica Meg Parkinson signs as free agent through 2029 with a 2030 club option
July 3	Midfielder Manaka Matsukubo transferred to Chelsea (WSL)
July 29	Midfielder Vilde Bøe Risa signs as a free agent through 2028 NWSL season
Sept. 4	Forward Bia signs as a free agent through the 2027 NWSL Season
Sept. 4	Acquired an international roster spot through 2027 for \$60,000 in intra-league transfer funds
Sept. 9	Defender Maycee Bell placed on Season-Ending Injury list
Sept. 16	Forward Gianna Paul acquired from Kansas City Current for \$150,000 in intra-league transfer funds

HEAD COACH MAK LIND



Mak Lind joins the Courage from Swedish side BK Häcken Women, where he most recently guided the club to the 2025 Damallsvenskan title, finishing atop the table with a 21-1-4 record and a +68 goal differential. He joined Häcken in July 2023, leading the club to a second-place league finish in 2024 before capturing the championship in 2025. During his tenure, Lind also oversaw Häcken's run to the 2023-24 UEFA Women's Champions League quarterfinals, where the club fell to Paris Saint-Germain.

Mak brings a proven track record of building competitive, modern teams and developing players within a clear footballing identity. His experience in Europe and his attention to detail align strongly with our long-term vision, and we're excited to welcome him to the club as we continue to raise our standards on and off the pitch.

Lind brings nearly a decade of experience as a head coach and manager in Sweden, having led professional clubs since 2016. Prior to joining BK Häcken Women, he spent the majority of his coaching career in the men's game, earning a reputation for tactical clarity and player development.

A former center back, Lind began his professional playing career at age 15 and totaled 256 senior appearances. He spent the majority of his playing career with BK Häcken, where he eventually served as club captain. Internationally, Lind earned 10 caps with the Lebanese men's national team between 2013 and 2015 and was named to the IFFHS All-Time Lebanon Men's Dream Team in 2022. Born in Lebanon, Lind later moved to Sweden and holds Swedish citizenship.

TECHNICAL AND TEAM STAFF

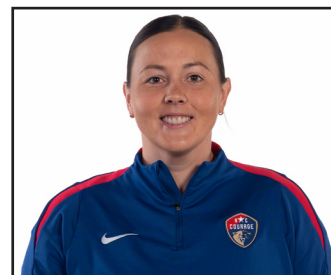
TECHNICAL STAFF



Emma Thomson
Assistant Coach
5th Season



David Maddren
Assistant Coach
1st Season



Katelyn Rowland
Goalkeeping Coach

TEAM STAFF

ANALYTICS

Tom Harris (3rd Season) Technical Analyst
Scott Martin (2nd Season) Opposition Analyst

SCOUTING

Austin Da Luz (2nd Season) Director, Scouting

MEDICAL

Mitchita Toda (2nd season) Head of Medical
Katie Rosenthal (4th season) Athletic Trainer
Taylor Nugent (1st Season) Athletic Trainer
Hayley Hughes Sports Psychologist
Sebastian Lopez (2nd season) Physical Therapist
Piper Kilpatrick Co-Chief Medical Officer
Brian C. Lau Team Doctor
Kendall Bradley Team Doctor

Performance

Grant Barge (1st season) Sr. Director of Leadership
Mike Young, PHD (10th season) Sr. Director, Performance and Science
Luigi Marino, MS (3rd season) Director, Return to Play

OPERATIONS

Bobby Hammond SVP, Player Personnel
Kathryn Page (5th season) Director of Soccer Operations
Matt Holmes (4th season) Sr. Team Administrator
Lexi Stewart (4th season) Player Care Manager
Jess Segalla (4th season) Equipment Manager
Adriana Zorrilla Loo (1st season) Assistant Equipment Manager

NC COURAGE MATCH NOTES vs SEATTLE REIGN | October 2 | 10 p.m. ET | NWSL+



#0 MADI WHITE | GK | 5-11 | DOB: 6/15/01 | NWSL EXP: 3rd Year

"Mad-e White" | **HOMETOWN:** Rockwall, TX (USA) | **COLLEGE:** Texas Tech

Acquired via free agency ahead of the 2026 NWSL Season

- Drafted by Racing Louisville after standout career at Texas Tech
- Spent one season on loan with Dallas Trinity in the USL Super League
- While in Dallas, White played over 2,000 minutes, making 60 saves with a save percentage of 69.77%



#1 KAILLEN SHERIDAN | GK | 5-9 | DOB: 07/16/1995 | NWSL EXP: 10th Year

"KAY-lin SHARE-uh-din" | **HOMETOWN:** Pickering, Ontario (CAN) | **COLLEGE:** Clemson

Acquired via free agency ahead of the 2026 NWSL Season

- Drafted by Gotham in 2017
- Spent five seasons with Gotham before being traded to San Diego Wave FC ahead of the expansion club's inaugural season
- Named to the NWSL Best XI First Team in 2021 and 2022, while making the Second Team in 2023, taking home Goalkeeper of the Year honors in 2022
- 31 clean sheets in 63 caps for Canada



#2 ASHLEY SANCHEZ | FWD | 5-3 | DOB: 3/16/99 | NWSL EXP: 6th Year

"Ash-lee San-chez" | **HOMETOWN:** Monrovia, California (USA) | **COLLEGE:** UCLA

Acquired via trade with Washington Spirit prior to the 2024 season (Allocation Money & No. 5 draft pick)

- Scored first career brace in 2026 season opener
- Nominated for NWSL Midfielder of the Year in 2024
- Drafted 4th overall in the 2020 NWSL Draft by the Washington Spirit
- 2021 NWSL Champion with Washington
- 28 caps for the USWNT with three goals and four assists... named to 2023 FIFA World Cup roster
- Played collegiately at UCLA, set Bruins career assist record (42) in three seasons



#3 SYDNEY SCHMIDT | DEF | 5-5 | DOB: 1/25/08 | NWSL EXP: 1st Year

"Sid-knee Sh-mit" | **HOMETOWN:** Jacksonville, FL (USA) | **COLLEGE:** None

Acquired via free agency during the 2025 season

- Standout defender at multiple levels of the USYNT
- Made professional debut for Sporting JAX on an Academy Contract
- Played a key role in the United States' sweep of group play at the U-17 World Cup, picking up an assist in the Round of 16 match
- Made NWSL debut on March 21 at Gotham

NC COURAGE MATCH NOTES vs SEATTLE REIGN | October 2 | 10 p.m. ET | NWSL+



#4 NATALIE JACOBS | DEF | 5-8 | DOB: 8/16/97 | NWSL EXP: 6th Year

"NAT-uh-lee JAY-kubz" | **HOMETOWN:** Coto de Caza, CA (USA) | **COLLEGE:** Notre Dame/USC

Acquired via trade with Houston Dash (Malia Berkely)

- Drafted by the Washington Spirit in the second round of the 2020 NWSL Draft
- Played for the Houston Dash since 2022, returning to the NWSL after spending the 2021-2022 season with Real Betis in Spain
- Played as a midfielder and forward for Notre Dame and USC in college
- Made 66 NWSL regular season appearances prior to joining the Courage, with the majority of those coming for Houston



#5 CAMERON BROOKS | DEF | 5-9 | DOB: 4/17/00 | NWSL EXP: 1st Year

"Cam-er-on Brooks" | **HOMETOWN:** Round Rock, Texas (USA) | **COLLEGE:** Texas

Acquired via transfer from Napoli

- Debuted professionally in USL Super League's inaugural season
- Moved to Italy to join Napoli after one season in the USL Super League
- Played every minute in the first 10 games of the 2025-26 season, leading the team to a 4-4-2 record



#6 IVY YOUNCE | DEF | 5-9 | DOB: 5/7/03 | NWSL EXP: 1st Year

"I-ve y-ounce" | **HOMETOWN:** Hillsborough, N.C. (USA) | **COLLEGE:** Liberty

Acquired via free agency

- Signed a short-term contract ahead of the season
- Four-year starter at Liberty and was a three-time Conference USA All-Conference first team selection
- Led the Courage U-23 team to back-to-back USL W League Finals, assisting the game-winning goal in 2024, and suited up for the club's TST team in 2025
- Made professional debut on May 8 in Orlando



#7 LAURYN THOMPSON | FWD | 5-5 | DOB: 11/04/07 | NWSL EXP: 1st Year

"Lore-in Tom-son" | **HOMETOWN:** Wake Forest, N.C. (ENG) | **COLLEGE:** None

Acquired via free agency ahead of the 2026 NWSL Season

- Played for NC Courage and Indy Eleven academies
- Has been called up by both the United States and England Youth National Teams, most recelty representing England at the U-17 and U-19 levels
- Made professional debut on March 14 against Racing Louisville

NC COURAGE MATCH NOTES vs SEATTLE REIGN | October 2 | 10 p.m. ET | NWSL+



#8 CHIOMA OKAFOR | FWD | 5-5 | DOB: 3/20/03 | NWSL EXP: 1st Year

"Chi-oh-ma Oak-a-for" | **HOMETOWN:** Blantyre, Malawi (NIGERIA) | **COLLEGE:** UConn
Acquired via free agency ahead of the 2026 NWSL Season

- Collegiate standout at UConn, scoring 30 goals and adding five assists across 57 appearances.
- Named First Team All-BIG EAST as a senior, leading the Huskies with eight goals and 17 points
- Was a member of Nigeria's 2024 WAFCON winning team
- Made professional debut on April 25 against the Houston Dash



#9 OLIVIA WINGATE | FWD | 5-7 | DOB: 1/20/00 | NWSL EXP: 3rd Year

"OH-liv-ee-uh WIN-gate" | **HOMETOWN:** Wilmington, MA (USA) | **COLLEGE:** Notre Dame
Drafted in the first round (6th overall) of the 2023 NWSL Draft

- Had two goals and two assists in 255 minutes in 2024, including point-saving equalizer deep in stoppage time against Angel City
- Made seven appearances in the 2023 NWSL Challenge Cup, scoring two goals and adding two assists
- Appeared in 95 games and made 74 starts across five years with Notre Dame, scoring 26 goals and added 11 assists



#10 EVELYN IJEH | FWD | 5-9 | DOB: 8/12/01 | NWSL EXP: 1st Year

"Ev-el-in E-juh" | **HOMETOWN:** Malmo, Sweden (SWE) | **COLLEGE:** N/A
Acquired via transfer from AC Milan

- Three caps for the Sweden National Team
- Finished third in the Serie A Golden Boot race in 2024-25
- Played both Sweden, Mexico, and Italy
- Made NWSL debut on March 21 at Gotham



#11 FELI RAUCH | DEF | 5-7 | DOB: 4/30/96 | NWSL EXP: 2nd Year

"FEE-LEE r-OW" | **HOMETOWN:** Hann Munden, Germany (GERMANY)
Signed on Jan. 17, 2024, following transfer from Wolfsburg

- Made NWSL debut on March 16 in season opener against Houston
- Scored first NWSL goal on Sept. 8 in San Diego for match winner over Wave FC
- 25 goals, 20 assists in 139 Frauen Bundesliga matches (Wolfsburg/Turbine Potsdam)
- 2022 UEFA Champions League runner-up
- 36 caps for the German Women's National Team
- Part of 2023 FIFA World Cup team, playing in group stage before minor injury
- Made senior National Team debut in 2017

NC COURAGE MATCH NOTES vs SEATTLE REIGN | October 2 | 10 p.m. ET | NWSL+



#12 TALIA STAUDE | DEF | 5-7 | DOB: 4/30/01 | NWSL EXP: 2nd Year

"nuh-TAL-yuh st-OW-dee" | **HOMETOWN:** Atlanta, GA (USA) | **College:** Virginia

Acquired via 2024 NWSL Draft

- Spent 2024 season on loan with the Tampa Bay Sun in USL Super League, playing 938 minutes. She scored one goal and added two assists in 12 appearances, while winning over 50% of duels and tackles.
- Finished UVA career with the second-most minutes in program history (8,794).
- Drafted in the second round of 2024 NWSL College Draft.



#13 RYAN WILLIAMS | DEF | 5-8 | DOB: 2/23/96 | NWSL EXP: 8th Year

"RY-in WILL-yumz" | **HOMETOWN:** Denver, CO (USA) | **COLLEGE:** Texas Christian

Drafted 40th overall in the 2018 NWSL Draft

- Led all NWSL defenders in tackles won (55) and interceptions (53), while completing 85.65% of her passes
- Drafted by the Courage in 2018 and officially signed with the team in 2019 after spending some of 2018 season as a National Team Replacement player
- Played every minute of the Courage's title-winning 2023 Challenge Cup campaign
- Called up to USWNT January Camp



#14 CARLY WICKENHEISER | MID | 5-6 | DOB: 6/03/97 | NWSL EXP: 1st Year

"Car-lee Wick-in-hi-sir" | **HOMETOWN:** St. Louis, MO (CANADA) | **COLLEGE:** Texas Tech

Acquired via transfer from BK Hacken

- Earned three caps for Canada after debuting in 2025
- Played entire professional career in Sweden, capping off the seven-year stint in the country by winning the Damallsvenskan title in 2025 alongside new Courage Head Coach Mak Lind
- Is the daughter of former NHL player Doug Wickenheiser and the cousin of Hockey Hall of Famer and former Canadian national team Olympic captain Hayley Wickenheiser.



#15 PAYTON CRAWFORD | FWD | 5-4 | DOB: 3/25/01 | NWSL EXP: 2nd Year

"PAY-ton Craw-ford" | **HOMETOWN:** Douglas, MA (USA) | **COLLEGE:** Penn State

Acquired via trade with Portland thorns (\$48,000 in 2025 Intraleague Transfer Funds)

- Got married on April 6, now goes by Payton Crawford (nee Linnehan)
- Drafted 11th overall in 2024 NWSL Draft
- Scored 34 goals and 24 assists in 90 appearances at Penn State
- Signed extension with Courage through 2027 season with 2028 option
- Scored one goal in 13 appearances for the Thorns prior to be traded to the Courage

NC COURAGE MATCH NOTES vs SEATTLE REIGN | October 2 | 10 p.m. ET | NWSL+



#16 RILEY JACKSON | MID | 5-6 | DOB: 12/2/05 | NWSL EXP: 2nd Year

"Ry-lee JACK-sin" | **HOMETOWN:** Roswell, GA (USA)

Signed via the U-18 entry mechanism on July 28, 2023

- Made professional debut as a sub in the Courage season-opener on March 16, 2024
- Competed for Concorde Fire SC in the ECNL and was named 2021-22 Gatorade National Girls Soccer Player of the Year as a sophomore at Blessed Trinity High School
- Scored first Courage goal of the 2025 season against Racing Louisville. Goal was her first in the regular season and second as a professional.
- Played crucial role for U.S. U-20 team at FIFA U-20 World Cup, taking home the Bronze medal



#17 DANI WEATHERHOLT | MID | 5-8 | DOB: 3/17/94 | NWSL EXP: 9th Year

"DAN-ee WEATHER-holt" | **HOMETOWN:** Capistrano Beach, California (USA) | **COLLEGE:** SANTA CLARA

Signed as an NWSL free agent prior to the 2024 season

- Scored a goal in her Courage debut on March 16 against HOU.
- Drafted by the Orlando Pride in 2016, making 74 appearances for the Pride before being traded to Seattle Reign FC ahead of the 2021 season
- Selected by Angel City in the expansion draft, making 41 appearances across two seasons in Los Angeles
- Spent time on loan with Australian club Melbourne Victory, making 12 appearances and helping the club win the Premiership title

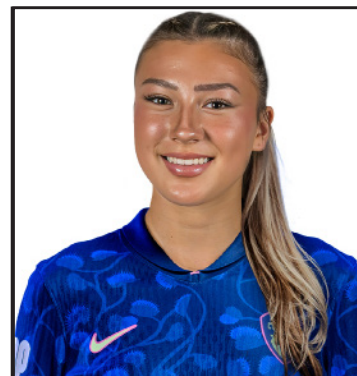


#18 UNO SHIRAGAKI | DEF | 5-6 | DOB: 10/11/05 | NWSL EXP: 1st Year

"OO-no She-ruh-gah-kee" | **HOMETOWN:** Osaka, Japan (JPN) | **COLLEGE:** N/A

Acquired via transfer from Cerezo Osaka

- Joined the Courage this offseason following a transfer
- Made senior debut for Japan in 2025
- Won silver medal at U-20 World Cup alongside Shinomi Koyama and Manaka Matsukubo
- Made NWSL debut on March 21 at Gotham



#19 ERICA MEG PARKINSON | MID | 5-3 | DOB: 4/18/08 | NWSL EXP: 1st

"ERR-ih-kuh Meg Park-in-son" | **HOMETOWN:** Singapore | **COLLEGE:** None

Signed as a free agent during 2026 secondary window

- Earned first senior call-up for England in March 2026
- Starred for England Youth Teams across multiple age groups
- Speaks four languages (English, French, Portuguese, Japanese)
- Signed first professional contract in 2024 with Valadares Gaia in Portugal

NC COURAGE MATCH NOTES vs SEATTLE REIGN | October 2 | 10 p.m. ET | NWSL+



#20 SHINOMI KOYAMA | MID | 5-3 | DOB: 1/31/05 | NWSL EXP: 1st Year

"shi-NO-mee" | **HOMETOWN:** Osaka, Japan (JPN) | **COLLEGE:** None

Acquired via transfer from Danish club Djurgårdens IF

- Helped Japan to the silver medal at 2024 U-20 FIFA Women's World Cup, captaining Japan through the knockout stages.
- Joined Courage via transfer from Danish club Djurgårdens IF.
- Called up to senior Japan national team during the final international window of 2024.



#21 BIA | FWD | 5-3 | DOB: 2/13/03 | NWSL EXP: 1st Year

"Bee-uh" | **HOMETOWN:** Axixá, Brazil (BRA) | **COLLEGE:** None

Signed as a free agent

- Spent two seasons with Zenit in Russia
- Won the 2022 U-20 CONMEBOL Championship with Brazil



#23 GIANNA PAUL | FWD | 5-10 | DOB: 12/28/04 | NWSL EXP: 1st Year

"GEE-ahn-uh Paul" | **HOMETOWN:** Huntington Station, NY (USA) | **COLLEGE:** Alabama

Acquired via trade with Kansas City (\$150k in 2026 intra-league transfer funds)

- Signed by the Kansas City Current ahead of the 2026 season after standout career at Alabama
- Made 10 appearances, including two starts, for the Current in the 2026 season
- Finished Alabama career as the team's career record holder for goals (40), points (94), shots (279), and shots on goal (115)
- Two-time All-American



#25 MAYCEE BELL | DEF | 5-11 | DOB: 9/18/00 | NWSL EXP: 2nd Year

"MAY-see BELL" | **HOMETOWN:** Wichita, Kansas (USA) | **COLLEGE:** North Carolina

Acquired via trade with Gotham FC on August 21, 2024 (\$90,000)

- Drafted by Gotham FC in the first round (14th overall) of the 2024 NWSL Draft.
- Made professional debut as a substitute in the 2024 Challenge Cup.
- Appeared in eight matches with Gotham, recording one goal, before the trade.
- Five-year standout at the University of North Carolina with 107 appearance.
- Second team All-American as a RS senior, two-time first team All-ACC, second team All-ACC, and ACC Freshman of the Year throughout her career.
- Played in the NC Courage Academy for one year prior to collegiate career.



#26 VILDE BØE RISA | MID | 5-5 | DOB: 7/13/95 | NWSL EXP: 1st Year
 "Vill-deh Bo-ah REE-seh" | **HOMETOWN:** Bergen, Norway (NOR) | **COLLEGE:** N/A
Acquired via free agency

- Joined the Courage as a free agent after three seasons with Atletico Madrid
- 95 caps for Norway, representing the country at two World Cups and two Euros
- Made 111 appearances across three seasons in Spain, scoring 13 goals
- Previously spent time at BK Hacken (known as Goteborg) at the time, but did not overlap with Mak Lind or Carly Wickenheiser. She did overlap with Evelyn Ijeh at the club, however.
- Also spent three years in the WSL with Manchester United



#33 HANNAH BETFORT | FWD | 5-10 | DOB: 1/4/99 | NWSL EXP: 5th Year
 "ha-ann-uh BET-fort" | **HOMETOWN:** Charleston, SC (USA) | **COLLEGE:** Wake Forest
Acquired via free agency

- Drafted 37th overall by the Portland Thorns in the 2021 NWSL Draft and spent her first three professional seasons in Rose City before a trade to Utah ahead of the 2024 NWSL Expansion Draft.
- played both as a forward and defender at Wake Forest but has stuck as Pn attacking player in the NWSL.
- Across 2,292 minutes in the regular season, Betfort has five goals and 18 chances created.



#35 ALLY SCHLEGEL | FWD | 5-7 | DOB: 2/07/00 | NWSL EXP: 4th Year
 "Al-E sh-LAY-gull" | **HOMETOWN:** Parker, CO (USA) | **COLLEGE:** Penn State
Acquired via free agency ahead of the 2026 NWSL Season

- Drafted by the Chicago Stars in the second round of the 2023 NWSL Draft
- Scored 12 goals and added six assists across 62 regular season appearances in three seasons with the Stars
- Was college teammates with now Courage teammate Payton Linnehan



#80 OLI PEÑA | MID | 5-1 | DOB: 1/7/03 | NWSL EXP: 1st Year
 "O-lee PAIN-ya" | **HOMETOWN:** Irving, Texas (USA) | **COLLEGE:** TCU
Acquired via free agency

- 2024 Big 12 Midfielder of the Year
- Made 93 appearances for TCU across four seasons
- Led the Horned Frogs to two Big 12 regular season titles, a Big 12 Tournament championship and three NCAA Tournaments, including two Sweet 16 appearances



#99 MOLLY PRITCHARD | GK | 5-11 | DOB: 11/21/2003 | NWSL EXP: 1st Year
"Mall-e Pritchard" | **HOMETOWN:** Atlanta, GA (USA) | **COLLEGE:** Ohio State
Acquired via free agency ahead of the 2026 NWSL Season

- Made 85 appearances for Ohio State across four seasons, earning All-American honors in 2025
- 2025 Big Ten Goalkeeper of the Year
- Finished collegiate career with a program-record 32 shutouts and finished second in program history for career saves with 306